



William Cook Elementary School

8600 Cook Road • Richmond, British Columbia • V6Y 1V7 • Tel: 604.668.6454

Nicole Widdess, Principal • Brian Miller, Vice Principal

Web: cook.sd38.bc.ca • Twitter: @cooksd38

Cook Community

The Week Ahead: February 26 – March 1, 2024

Monday	Breakfast Club Gr. 7 Girls Basketball @ Cook vs. Anderson
Tuesday	Breakfast Club Gr.4 & 7 students will complete the Student Learning Survey online Gr. 7 Girls Basketball @ Cook vs. Currie
Wednesday	Breakfast Club Anti-Bullying Day (Pink Shirt Day)
Thursday	Breakfast Club
Friday	Breakfast Club

Important Information:

1. PAC has asked us to remind everyone: Don't forget to order your **Fresh Slice Pizza coupons**. They are still available until February 29th on Cash Online.
2. **PINK SHIRT DAY** is on **Wednesday, February 28th**. We hope your child can wear something pink to recognize the importance of anti-bullying day and how we can treat one another with kindness.



Anti-Bullying Day is an annual event, held in Canada and other parts of the world, where people wear a pink-coloured shirt to stand against bullying. The initiative was started in Canada.

What's the difference between **CONFLICT** and **BULLYING**?

Conflict happens occasionally and is usually not serious or emotionally damaging to either person.	Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated and purposeful .
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This YouTube is an excellent example of what bullying looks like and sounds like:

<https://www.youtube.com/watch?v=pDG1-BCZvTE>

We HIGHLY RECOMMEND that you watch this short clip.

DID YOU KNOW?

CONNECTING ANTI-BULLYING WITH OUR READING GOAL:

At school, we looked at the following picture books. As a family, you may want to watch these YouTubes together and begin having a discussion about the importance of "lifting each other up:"

Lower Primary – *A Wrinkled Heart*, by Tracy Hoexter (5:32)

<https://www.youtube.com/watch?v=LwxlnHesAtQ>





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Upper Primary - *The Recess Queen*, by Alexis O'Neill & Laura Huliska-Beith (4:32)

<https://www.youtube.com/watch?v=K051KxCmRgc>

Lower Intermediate – *Enemy Pie*, Derek Munson (9:29)

<https://www.youtube.com/watch?v=cIvQ0TxQyMM>

Upper Intermediate – *Bully*, by Patricia Pollaco (21:11)

<https://www.youtube.com/watch?v=xiKjdxei5kE&t=63s>



Upcoming Dates:

March 6 – PAC Meeting at 3pm in the Library

March 7 – PAC Lunch: Sushi

March 14 – Last Day of School Prior to Spring Break



March 15 – April 1 = SPRING BREAK

April 2 – Return to School

SPRIT DAY: Dress up as your favorite Villain Day

