

"Celebrating Our Diversity As Learners"

Ms. C. Latu
Principal

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Vice Principal

COOK COUGARS

February 11th, 2021



NEWSLETTER

Issue #7

MESSAGE FROM MS. LATU

Dear Cook Community,

On February 1st I began my role as principal of Cook. I am happy to report that the staff and students have been very welcoming and helpful over the past days!

I have been a school administrator for 18 years. In 2003, I began in Delta as Vice Principal at Sunshine Hills. In 2006, I began working for the Richmond School District and have worked at Thompson, Byng, McKinney, Wowk, and Westwind.

I am also the proud mother of two young men who attended elementary school in Richmond, high school in Vancouver, and graduated from UBC in 2019. They were both players for the UBC Thunderbirds football team when they won the Vanier Cup Canadian Championship in 2015.

I enjoy playing tennis, rowing (mainly on a machine), going for nature walks, and reading for physical and mental exercise.

I look forward to meeting you and please contact me if you have any questions or concerns that I can address.



NEW DAILY HEALTH CHECK APP FOR STUDENTS



The Ministry of Education has worked with Public Health and the BCCDC to create a daily health check website and mobile app for students and their parents to complete before heading to school in the morning. The website and app will contain the most up-to-date BC health guideline information.

The design of the app was developed in collaboration with BC students to create an age-appropriate user-experience. It will allow for students and their parents to make the best decisions on whether to attend school, not to attend school, or take other measures based on the information they provide.

The health check application is available online at <https://www.k12dailycheck.gov.bc.ca> or for download as [iPhone App](#) and [Google Android App](#).



GUNG HEY FAT CHOY!

Chinese New Year is the main Chinese festival of the year and it is not a religious event. In China the holiday is called the Spring Festival.

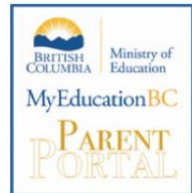
The date of this festival changes each year because it's based on a lunar calendar. The date corresponds to the first new moon in January or February. This year Chinese New Year starts on **February 12th**. The Chinese lunar calendar is made up of a cycle of twelve years and each year corresponds to one of 12 animals. This year is the Year of the **Ox**. Red is the colour that honours this holiday and we see it decorating many families' homes and businesses around Richmond. Children often receive gifts and money. We wish the Year of the Ox will bring our Cook families health and prosperity.

IMPORTANT DATES COMING UP:

Friday, February 12 – Professional Development Day. Students do not attend.

Monday, February 15 – Family Day. Statutory holiday, schools are closed.

Wednesday, February 24 – Early Dismissal Day for Parent-Teacher Conferences. School is dismissed at 12pm.



PARENT PORTAL

We have officially launched the **MyEducation BC Parent Portal** at William Cook Elementary School. This is a new way to access your child's school information.

Each parent/guardian will have their own separate account, and can view the following:

- Attendance Information
- Contact Information
- Student Demographic Information
- Published Report Cards
- Transcript Information

Instructions on how to login and navigate the Parent Portal can be found on the [Cook Website](#).

Access the Parent Portal at [MyEducation BC](#)

- Enter the login ID and password provided in the MyED BC email
- The first time you log on to your account you will be asked to change your password

Account Problems?

Accounts have been created using email addresses previously provided to the office. If you did not provide your email address or need to update your address, please call the school at 604-668-6454.

If you have issues logging into MyEd please send an email to the District MyEd Support Team at: MyEdParentPortal@sd38.bc.ca. In the subject line please put *Parent Portal*, and in the message, include the following: Student's Full Name, Student #, Parent/Guardian Name and email address.

NO LUNCH/SNACKS DROP-OFFS

Just a reminder to families that lunches and snacks must be packed and **NOT** delivered during school time. Students will **NOT** go home for lunch. There will also be **NO** food sharing.



PINK SHIRT DAY

Wednesday, February 24th marks **Pink Shirt Day**. This is a date when **Canadians** are asked to take a stand against bullying – and to make that stance public by including an

article of **pink** clothing in their ensemble.

This Pink Shirt Day, our focus is working together and treating others with dignity and respect. The COVID-19 pandemic has affected us all and shown the importance of helping one another and advocating for those who need it. Help us "*lift each other up*" and support programs that encourage healthy self-esteem and teach empathy, compassion and kindness.



FEBRUARY BIRTHDAYS

February 2 – Melody (Div. 3)

February 3 – Jasmine (Div. 3)

February 4 – Justin (Div. 6)

February 5 – Jayden (Div. 23)

February 6 – Vanessa (Div. 17) & Hami (Div. 8)

February 8 – Friana (Div. 4)

February 10 – Eileen (Div. 12)

February 11 – Joshua (Div. 20)

February 12 – Anne (Div. 2)

February 14 – Keenan (Div. 11)

February 15 – Brendon (Div. 8), Isaac (Div. 15) & Janice (Div. 12)

February 16 – Maria (Div. 6) & Ariam (Div. 1)

February 17 – Joy (Div. 2)

February 18 – Elise (Div. 10)

February 19 – Elleshia (Div. 17)

February 20 – Vivienne (Div. 16)

February 22 – Jolie (Div. 23) & Lyra (Div. 1)

February 23 – Katherine (Div. 18) & Eddy (Div. 12)

February 24 – Darrell (Div. 18)

February 25 – Kien Minh (Div. 9), Minh Anh (Div. 11), Nathan (Div. 3) & Sophia (Div. 1)

February 26 – Louie Jade (Div. 12), Jocelyn (Div. 6) & Sumaiya (Div. 16)

February 28 – Vivian (Div. 10)

February 29 – Elroi (Div. 4) & Max (Div. 2)

MINDFUL PARENT BREAK: FAMILY SELF CARE STRATEGIES

This 4-week webinar series will lead you in simple yet effective mindfulness practices to help you manage stress around parenting. Each week offers some parenting concepts and different self-care strategies to do with the family.

Date: Tuesdays between February 19th to March 12th, 2021

Time: 10:00 – 10:45am (with optional 5 minutes for Q&A)

Location: Online – a link will be sent via email

Register Now on Eventbrite: <https://bit.ly/2N0d9LO>
or call 604-207-2511 ext. 234



Priority will be given to Richmond parents and caregivers of children ages 0-12

Participant weekly, or drop-in when you can!

Presented by Richmond MHSU - Family & Child Counselling Program
(604) 207-2511 ext. 234 or FamilyChildCounselling-Richmond@vch.ca

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