

*"Celebrating Our Diversity As Learners"*  
**Ms. S. Loat**  
Principal

**Ms. E. Lee**  
Vice Principal

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## COOK COUGARS

April 18<sup>th</sup>, 2017



## NEWSLETTER

Issue #13

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### **Message from the Administration**

#### **ONLINE INTERACTIONS**

Our school has continued to focus on helping our students be responsible digital citizens. We want students to be aware of the importance of keeping private information private. This means not giving out your name, birthdate or other personal information to others online, even if you think you know them. There are a few websites students have used to learn about appropriate interactions and safety precautions. We highly recommend parents check out the Common Sense Media (<http://www.commonsensemedia.org/>) website. This site can be a real support for parents who want to help their children navigate the digital world. Please see attached information on Instagram for parents.

#### **TRACK SEASON PRACTICES**

Students in grades 3 to 7 will participate in Track Attack this week and next week. These are in-school practices that introduce each event to the students and gives them the fundamentals. Out of school practices will start as soon as possible and will continue (weather permitting) until our Zone Track Meet on Thursday, May 18<sup>th</sup>. As we get closer to the date, we will narrow the number of participants in each event. We want to bring as many students as possible to the track meet, but consistent participation in practices is part of the criteria in selecting athletes. We encourage all students interested in attending the Zone Track Meet to come to practices regularly, ready to do their best.

#### **SCHOOL DISTRICT BUDGET INFORMATION**

Two public budget meetings were held on Monday, April 3<sup>rd</sup> and Wednesday, April 5<sup>th</sup> to give opportunities for staff and members of the public to provide input to the 2017/18 budget. Please see the PowerPoint

presentation that was presented at these meetings on our school district website [cook.sd38.b.ca](http://cook.sd38.b.ca).

#### **PAC NEWS**

Next month the PAC will be organizing a **Sushi** day on Wednesday, May 24<sup>th</sup>.

Our next **Pizza** day will be on Friday, June 9<sup>th</sup> which is Sports Day. The PAC will also be selling small items for purchase at a concession.

The PAC will also hold their Annual General Meeting on Tuesday, May 30<sup>th</sup>. If you are interested in getting more involved in the school, our PAC is a great way to do this. A notice from the PAC will come home in a couple of weeks.

#### **PAC FUNDRAISING:**

If you are a Cook family that likes to order pizza from Boston Pizza (on Ackroyd) or you shop at M&M Meats (on Gilbert and Francis) please ensure that you put your receipt marked

Cook Elementary in the box at the main entrance of Boston Pizza or let them know at M&M Meats that you are a Cook family, as we get a small percentage of profits from shopping there.

Also, during the month of May the PAC will be sending home information about a **Frozen Food Fundraiser**. There is a wide variety of products which includes 9 kinds of pizza, flatbreads, calzones, 4 artisan breads, 13 different flavours of cookies, 10 different pies, cheesecakes, cinnamon buns, and meat & savory items. Orders will be taken in early May and products will be delivered in early June. If you would like to visit the website for more information, please visit:

<http://www.groupfundraising.ca/products.html#url>

Funds raised will go to support the many requests the school makes to the PAC. Thank you to everyone for supporting these events and the many other fundraising efforts by the PAC!



### **HAPPY EARTH DAY!**

Friday, April 21<sup>st</sup> is Earth Day. It's an annual event, celebrated on Saturday, April 22<sup>nd</sup> each

year. Events are held worldwide to demonstrate support for environmental protection. It was first celebrated in 1970, but is now celebrated in more than 192 countries and coordinated globally by the Earth Day Network. This year we will gather students in the gym on Friday, April 21<sup>st</sup> at 11:30 for an Eco Team Presentation to talk about how we can reduce the waste we create, and kick off "Litterless Lunch Week."



### **LITTERLESS LUNCH WEEK**

From Monday, April 24<sup>th</sup> to Friday April 28<sup>th</sup> the

Eco Team is asking all students to bring litterless lunches to school to reduce the amount of garbage we throw away each day. We are challenging everyone to bring their food in containers that can be reused again and again, rather than single use food containers that are thrown away after using them once. For example, instead of single serve yogurt containers, students can buy

larger containers of yogurt and bring a single serving in a reusable container. Also, sandwiches can be packaged in reusable containers rather than plastic bags. In the Eco Team assembly on Friday, April 21<sup>st</sup> the Eco Team will be sharing examples of reusable container ideas with the school.

Cook School has a number of activities for students to get involved with related to our environment. Our Eco Team for grade 4 – 7 students does an amazing job of reminding us to take care of our environment and to conserve our water and energy. In addition, our Green Team members from grades 2 and 3 work hard every day throughout the school year to keep our school grounds clear of litter. We also have an active 'Gardening Program' in our courtyard and outside in our garden beds. Classrooms sign up to be part of the 'Gardening Program' each year. Check with your children to see if they are involved in gardening this year.

### **REaDY SUMMIT – SUNDAY, APRIL 23<sup>RD</sup>**

Our school district has organized a youth-led environmental conference to be held this month at Hugh Boyd Secondary. It is free of charge and open to students of all ages. You will learn about environmental issues from keynote and student speeches at the conference. There will be 10 engaging environmental workshops to choose from and to have a chance to connect with other environmentally minded students and learn how to take better care of the Earth. You can check out the whole program and register at [www.readysummit.ca](http://www.readysummit.ca)

Here are the details:

**When:** Saturday, April 22<sup>nd</sup>, 2017  
8:30am–12:45pm

**Where:** Hugh Boyd Secondary  
9200 No. 1 Road, Richmond, B.C.

**Who:** Free - all ages welcome

**What:** Keynote Speakers: David Isaac and  
Abhayjeet Singh Sachal

**Theme:** "Growing Towards Another 150"



### **JEANS DAY – THURSDAY, MAY 4<sup>TH</sup>**

B.C. Children’s Hospital has sent us a number of “Jeans Day” buttons to sell to our community. They are \$5.00 each and the buttons are to be worn on Thursday, May 4<sup>th</sup>. All of the money raised goes to support the B.C. Children’s Hospital Foundation. Please see Mrs. Hass in the school office if you’d like to purchase a button.

### **‘WELCOME TO KINDERGARTEN’ – WEDNESDAY, MAY 10<sup>TH</sup>**

On Wednesday, May 10<sup>th</sup> at 1:30pm, we will be holding our annual ‘Welcome To Kindergarten’ program for next year’s Kindergarten students. This is an opportunity for the children to visit the school and for the parents to hear about the transition to public school. We look forward to meeting all our newest students.

If you have a child who will begin Kindergarten next year (September 2017) at our school and you plan to join us on Wednesday, May 10<sup>th</sup>, please contact the school office at 604-668-6454 and let us know!

### **SWIS PRESENTATION: SUMMER SCHOOL AND PROGRAM INFORMATION**

Parents are welcome to attend an information session organized by Iris Lim, our SWIS (Settlement Worker in Schools) on Summer School and programs on Monday, May 8<sup>th</sup> at 1:30 in the Cook School Library. Valuable and useful information about Summer School offered by the District will be given. Mrs. Loat (Principal) and Ms. Lee (Vice Principal) will also be in attendance to share their thoughts on Summer programs and activities that would be of interest to your child.

For inquiries, please contact Iris Lim  
778-835-1018.



### **SEPTEMBER 2017**

September is still months away but some families are beginning to make summer plans. This is just a gentle reminder that if you will be late returning to school after the first day (Tuesday, September 5<sup>th</sup>), you **MUST** let us know by filling out a ‘Notice of Late Return Form’ at the office. This is the only way you can save your child’s spot at our school. See Mrs. Hass at the office for a form.

