

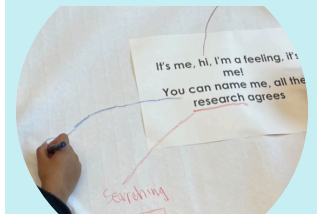
Synthesizing Our Learning:

Grade 1 students capture the true meaning of SEL



Building Schema
Using Loose parts.

Determining Importance



Exploding the lyrics.

Using literature



Picture books help us visualize and question our learning.

Sharing What We Know: Video Journal

Grade 1 learners in Magnolia class collaborated with Ms. Jimenez to foster the importance of social emotional learning by understanding how to name feelings in order to know how to process them which the class refers to as **"if you name it, you can tame it."** This is all based on Dr. Marc Brackett's research.

1

DEVELOPING FEELINGS VOCABULARY

2

EXPLODE THE LYRICS: WHAT DOES THIS SONG MEAN?

3

LEARNING TO LISTEN TO OUR BODIES

Accessing Learning through Music

Students adapted lyrics from Taylor Swift to show their understanding of emotional literacy.

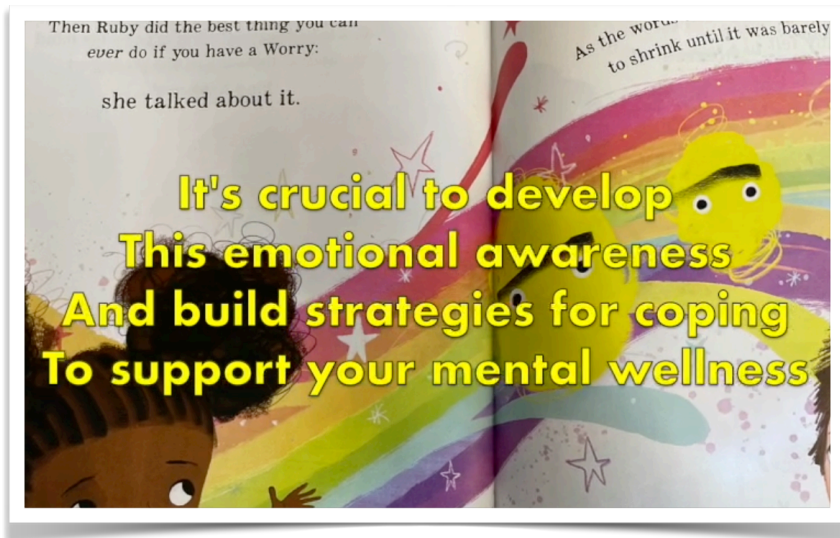
A. Learners began by developing their background knowledge by:

1. Naming feelings
2. Making a feelings word wall
3. Representing their understanding of feelings through loose parts

B. Students began to take their thinking deeper by exploring the lyrics to stretch their thinking about what the song means.

C. Students shared how emotions feel in their body.

D. Finally, students put all of their thinking together to create a song that they shared with the whole school.



Ms. Jimenez: “Can you tell me why it’s important to name your feelings?”

Student: “If you name a feeling, you can find a way to calm down.”

